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The Protective Role of CoQ10 and DHEA and Their combination on CCl₄ Induced Liver Injury In Adult Male Rats (*Rattus norvegicus*)

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Abstract

This study was designed to evaluate the protective role of exogenous CoQ10 and DHEA and their combination on CCl₄ induced hepatotoxicity in adult male rats. Thirty adult male rats 225-250 grams, 12-14 weeks old were used in this study and randomly divided into five equal groups, 6 animals each as in the following: Control group (G1): 6 male rats received orally DMSO 0.5ml/animal/day, First treated group (T1): 6 male rats received daily CCl₄ 1ml/kg (1:1 olive oil, IP), Second treated group (T2): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with CoQ10 200 mg/kg IP, Third treated group (T3): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with DHEA 25 mg/kg IP, Fourth treated group (T4): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with a combination of CoQ10 200 mg/kg + DHEA 25 mg/kg IP. The experiment lasted for 28 successive days. The obtained results illustrated that male rats received CCl₄ (1ml/kg) caused a significant increased in hepatic function enzymes AST, ALT and ALP, as well as MDA levels, and caused significant decrease in antioxidant enzyme activity GPx, SOD and CAT levels. In addition, CCl₄ also caused various degree of liver damage such as dilation and congestion of central vein with hemorrhage, clear fatty degeneration and infiltration of inflammatory cells compared to the control group. Whereas, the group that treated with CoQ10 200 mg/kg and DHEA 25 mg/kg showed a significant decreased ($P < 0.05$) in serum AST, ALT and ALP as well as MDA value, and significant increased in GPx, SOD with declined in CAT levels compared to group treated with CCl₄ intoxication. It is also observed from the results that combination of CoQ10 and DHEA it caused a highly significant ($P < 0.05$) declined in AST, ALT and ALP as well as MDA levels, and significant elevated in GPx, SOD and declined in CAT, and almost return to normal level compared to control. As well as, the histopathological examination on liver revealed that rats treated with CoQ10 and DHEA and their

combination had normal central vein and hepatocytes compared to groups treated with CCl₄ due to anti-oxidant, anti-inflammatory and anti-apoptotic properties. It has been concluded that CoQ10 and DHEA have an evident protective effect against liver damage induced by CCl₄ through improving antioxidant enzyme activity in CCl₄ treated group leading to a declined MDA level and reduced lipid peroxidation.

Keywords: CoQ10, DHEA, liver injury, CCl₄, therapeutic antioxidant

1. Introduction

Coenzyme Q10 (CoQ10) is an endogenous substance act as a vital antioxidant proposed for cellular membrane integrity either by direct reaction with free radicals or by regeneration other antioxidant (1). It is a lipid soluble, vitamin like substance required for proper functioning of many organs and chemical reactions in body (2). It has many beneficial effects in human and animal health including cardiovascular disease, age related disorders, neuromuscular and neurodegenerative disorders, autoimmune disorder, DNA damage, thyroid disorders, male infertility, cancers, diabetes, fibrosis, apoptosis, and obesity. It is a crucial redox and proton translocations constituent of mitochondrial respiratory chain, play an essential role in mitochondrial energy production through redox activity in the electron transport chain, transporting electrons between enzymes. Thus, it is plays an essential role in cellular bioenergetics and membrane stabilizer and production of ATP in oxidative respiration process (3). (4) demonstrated that CoQ10 has anti-inflammatory properties decreasing production of pro-inflammatory cytokines such as interleukin (IL) and tumor necrosis factor (TNF- α).

Dehydroepiandrosterone (DHEA) is one of the most abundant endogenous circulating steroid hormone with multi-functional properties, it is produced in the adrenal glands, gonads, and brain, where it functions as a metabolic intermediate in biosynthesis of androgen and estrogen sex steroids (5). It plays a critical endogenous antioxidant and pro-oxidant activity. It can also protect against lipid peroxidation (LPO)

of cell membrane induced by oxidative damage (6). DHEA also have anti-inflammatory properties via suppression of pro-inflammatory cytokines secretion like IL and TNF- α and regulation of body immune response (7). DHEA and DHEAS are products of cholesterol metabolism with the first enzymatic reaction occurs in mitochondria and are resulting from action of cytochrome P450 (8). Cholesterol transport across mitochondrial membranes requires action of steroidogenic acute regulatory protein (STAR) and converts cholesterol to pregnenolone (9). This study aimed to evaluate the ameliorative effect of CoQ10 and DHEA and their combination on hepatotoxicity induced by CCl₄ in adult male rats.

2. Material and methods

2.1. Drugs and chemical reagents

Norfloxacin was obtained Zwijndrecht-Holland, CoQ10 200 mg and DHEA 25mg was obtained from (Sigma, St. Louis, MO, USA) and administered intraperitoneally. Dimethylsulphoxide (DMSO) were purchased from Merck, Darmstadt, Germany.

2.2. Experimental animals

Thirty adults male rats (*Rattus norvegicus*) weighing 225-250 grams, 12-14 weeks old. The rats were housed in the animal house of college of veterinary medicine/university of basrah. They were left for 2 weeks for an adaptation previous to the experiment. Each 6 animal was housed in an individual cage measured as 15 × 35 × 50 cm and kept under normal temperature 22 - 28 °C and daily light period was 12 hours by use of two fluorescent lamps, and the humidity rate was about 50 %.

Animals were provided with water and diet *ad libitum*.

2.3. Experimental design and study strategy

After acclimatization period, animals were randomly divided into five equal groups, 6 animals each as in the follows: Control group (G1): 6 male rats received orally DMSO 0.5ml/animal/day, First treated group (T1): 6 male rats received daily CCl₄ 1ml/kg (1:1 olive oil, IP), Second treated group (T2): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with CoQ10 200 mg/kg IP, Third treated group (T3): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with DHEA 25 mg/kg IP, Fourth treated group (T4): 6 male rats received CCl₄ 1ml/kg and after 1hour injected daily with a combination of CoQ10 200 mg/kg + DHEA 25 mg/kg IP. The experiment lasted for 28 successive days. All animals of the study were sacrificed at end of the experiments. However, the rats before sacrifice were first weighed and then anaesthetized by placing them in a closed beaker containing cotton sucked with chloroform for anesthesia. The abdominal cavity was opened up through a midline abdominal incision to take the samples. Blood samples were collected via cardiac puncture according to method of (10). Then, blood sample were drops directly from heart by using 5 ml disposable syringe. The blood put in plane tube until it was coagulated, then centrifugated (3000 rpm for 15 minutes) to obtain the serum. The serum samples separated into many Eppendorf tubes to avoid repeated thawing. All tubes were stored at (-4c) until they were analyzed.

2.4. Histopathological examination

Immediately were removed liver and kidney and separated from surrounding tissues and lipid, then weighed with an electronic balance. Sorted fragments of the liver were collected from all groups and prepared and fixed by using 10% formalin for histological examination according to (11) with aid of the light microscope. The samples were fixated in natural buffered formalin 10 % for 24-48 hours. They were put in the rotary microtome

and were sliced by the microtome, steel blade into sections 5 micrometers thick, then sections were floated on water bath (50-55° C) and then transferred into glass slides coated with Mayers albumin as adhesive substance and left to dry. Histological section of organs were stained with Hematoxylin-Eosin stain and photomicrographs were taken at 40X magnifications.

2.5. Statistical analysis

In this study, ANOVA Analysis and LSD tests are used according to (IBM SPSS, version 20) program at ($P \leq 0.05$) to find the means for all treatments (IBM SPSS, 2011).

3. Results

3.1. Biochemical assessment

The results on table (1) demonstrate that male rats received CCl₄ (1ml/kg) caused significant increased ($P < 0.05$) in serum AST, ALT and ALP level compared to control group. Whereas, the groups that treated with CoQ10 200 mg/kg and DHEA 25mg/kg showed a significant decreased ($P < 0.05$) in serum AST, ALT and ALP level compared to groups treated with CCl₄ intoxication, but they were still high significantly ($P < 0.05$) compared to control value. It is also clear from table (1) that combination of CoQ10 and DHEA caused a highly significant declined in AST, ALT and ALP levels and almost return to its normal level compared with control value. However, results on table (2) pointed out that male rats received CCl₄ showed sharp significantly decrease ($P < 0.05$) in serum GPx and SOD value compared to control group. Whereas, the groups that treated with CoQ10, DHEA and combination of CoQ10 and DHEA showed significant increase ($P < 0.05$) in serum GPx and SOD levels compared to groups treated with CCl₄ intoxication, and they seems they reached statistically to GPx and SOD normal value compared to the control value. In contrast, table

(2) also showed that male rats received CCl₄ showed significantly elevation (P< 0.05) in serum CAT value compared to control group. Whereas, the groups that treated with CoQ10, DHEA and combination of CoQ10 and DHEA showed significant sharp declined (P< 0.05) in serum CAT values compared to groups treated with CCl₄, but they return statistically to CAT normal value compared to control value.

3.2. Lipid peroxidation assessment

According to the results obtained in table (2), serum MDA concentration increased significantly (P<0.05) in male rats that received CCl₄ compared to control group. Whereas, the group that treated with CoQ10, DHEA and combination of CoQ10 and DHEA showed a significant decreased (P< 0.05) in serum MDA value compared to group treated with CCl₄, but they still high significantly (P< 0.05) compared with control value.

Table (1): The effect of CCl₄ and the protective role of CoQ10, DHEA, and their combination on liver function enzymes of male rats for 28 day of exposure. Mean ± SD

Parameters Groups	AST (U/L)	ALT (U/L)	ALP (U/L)
	Control	57.21 ± 5.45 c	26.10 ± 2.75 c
CCl ₄ 1ml/kg	92.73 ± 3.64 a	40.14 ± 3.06 a	163.2 ± 3.20 a
CCl ₄ 1ml/kg + CoQ10 200 mg/kg	73.72 ± 5.42 b	32.30 ± 3.38 b	134.1 ± 1.3 b
CCl ₄ 1ml/kg + DHEA 25 mg/kg	75.74 ± 5.40 b	35.43 ± 3.37 b	136.1 ± 1.2 b
CCl ₄ 1ml/kg + Combination CoQ10 200 mg/kg + DHEA25 mg/kg	63.76 ± 6.56 c	27.58 ± 3.39 c	122.1 ± 1.3 c
LSD	7.4	3.8	6.2

Small letters means significant differences between treatment at (P≤0.05)

Table (2): The effect of CCl₄ and the protective role of CoQ10, DHEA, and their combination on antioxidant enzymes activities of male rats for 28 day of exposure. Mean± SD

Parameters Groups	MDA (µm / L)	GPx (µm / L)	SOD (µm / L)	CAT (IU/ml)
Control	1.68 ± 0.30 c	78.4 ± 2.23 b	28.60 ± 2.20 b	2.40 ± 0.50 b
CCl ₄ 1ml/kg	10.25 ± 1.20 a	39.2 ± 1.30 a	12.34 ± 0.26 a	4.00 ± 0.30 a
CCl ₄ 1ml/kg + CoQ10 200 mg/kg	6.51 ± 0.20 b	75.2 ± 2.23 b	28.80 ± 1.10 b	2.50 ± 0.60 b
CCl ₄ 1ml/kg + DHEA 25 mg/kg	6.55 ± 0.30 b	73.2 ± 2.25 b	28.56 ± 1.12 b	2.43 ± 0.52 b
CCl ₄ 1ml/kg + Combination CoQ10 200 mg/kg + DHEA25 mg/kg	5.43 ± 0.30 b	77.2 ± 2.33 b	30.30 ± 1.40 b	2.37 ± 0.50 b
LSD	2.25	5.23	1.26	0.43

Small letters means significant differences between treatment at (P≤0.05)

3.3. Histopathological studies

The results on figure (2) pointed out the male rats that received CCl₄ dose (1mg/kg) caused various degree of liver injury such as dilation and congestion of central vein with hemorrhage, clear fatty degeneration and infiltration of inflammatory cells after 28 days of exposure compared to the control group (Figure 1). Whereas, the male rats that treated with CoQ10,

DHEA, and combination of CoQ10 and DHEA showed normal central vein and hepatocytes compared to groups treated with CCl₄ intoxication (Figure 3, 4, and 5) respectively. It is also observed from figure (5) that combination of CoQ10 and DHEA showed the best results with normal central vein and hepatocytes compared to control and other treated groups.

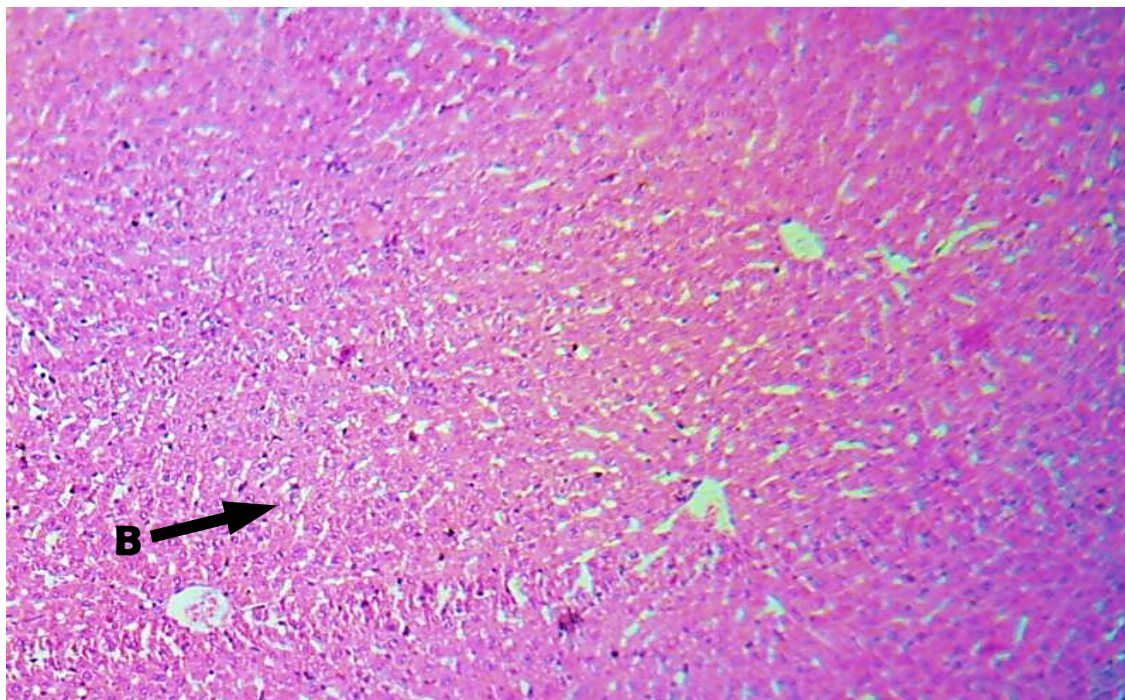


Figure (1). Liver of male rats treated with 0.5 DMSO as a control (H&E Stain, 100 X) observe normal central vein (A), and normal hepatocytes (B).

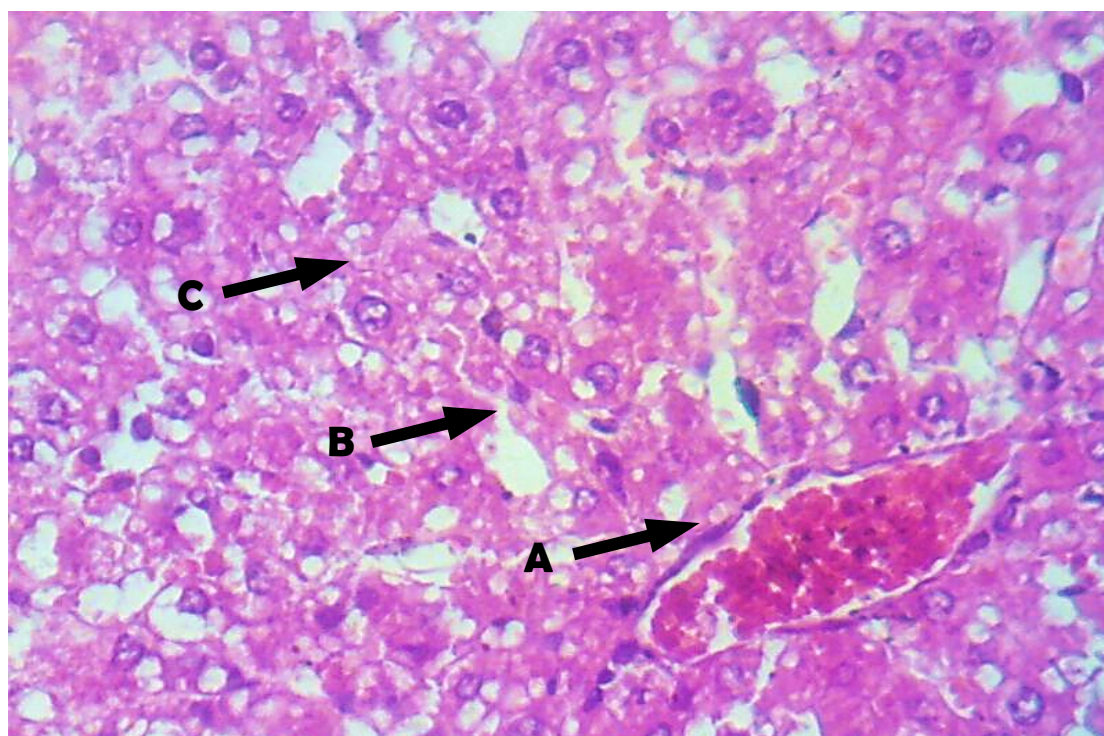


Figure (2). Liver of male rats treated with CCl4 (T1) for 28 days (H&E Stain, 400X) observe dilation and congestion of central vein (A), and clear fatty degeneration (B), infiltration of inflammatory cells (C).

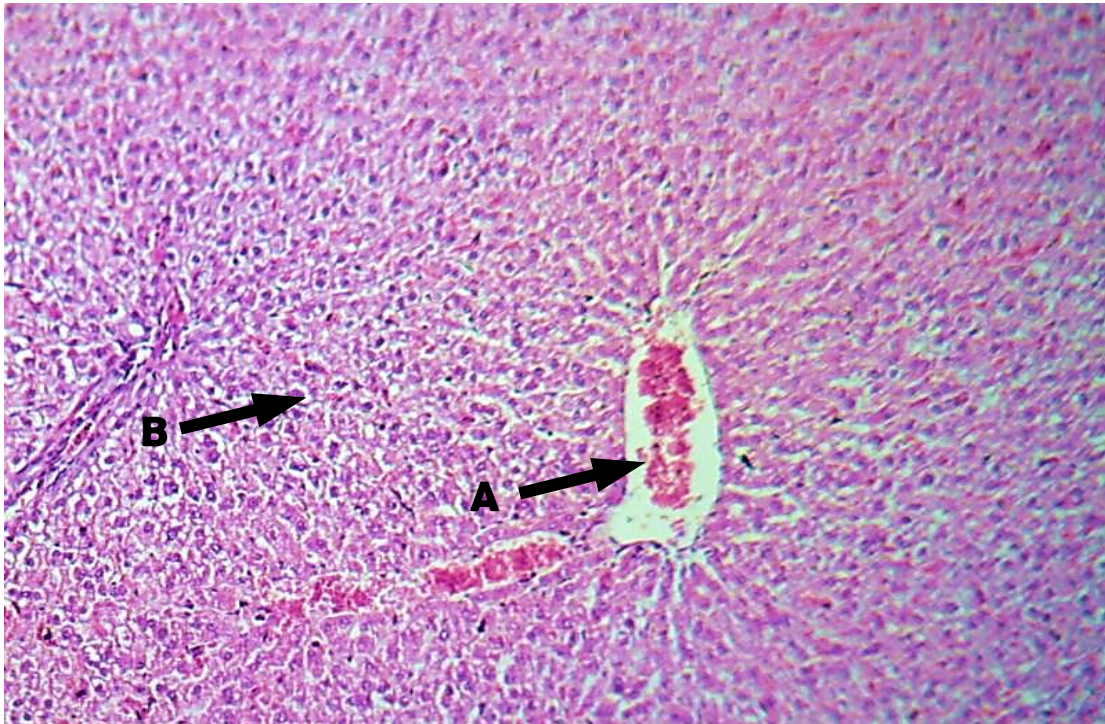


Figure (3): Liver of male rats treated with 1m/kg CCl₄ + 200 mg/kg CoQ10 for 28 days (H&E stain, 100X) observe normal central vein (A), and normal hepatocytes (B).

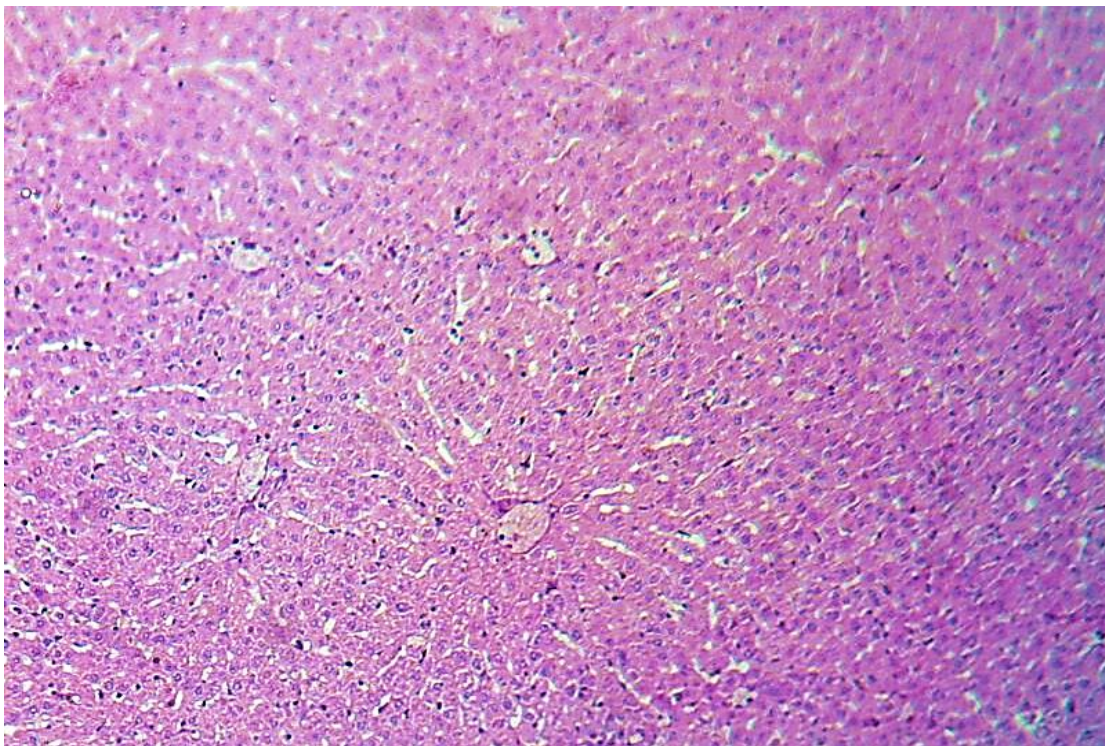


Figure (4): Liver of male rats treated with 1m/kg CCl₄ + 25 mg/kg DHEA for 28 days (H&E stain, 100X) observe normal central vein (A), and normal hepatocytes (B).

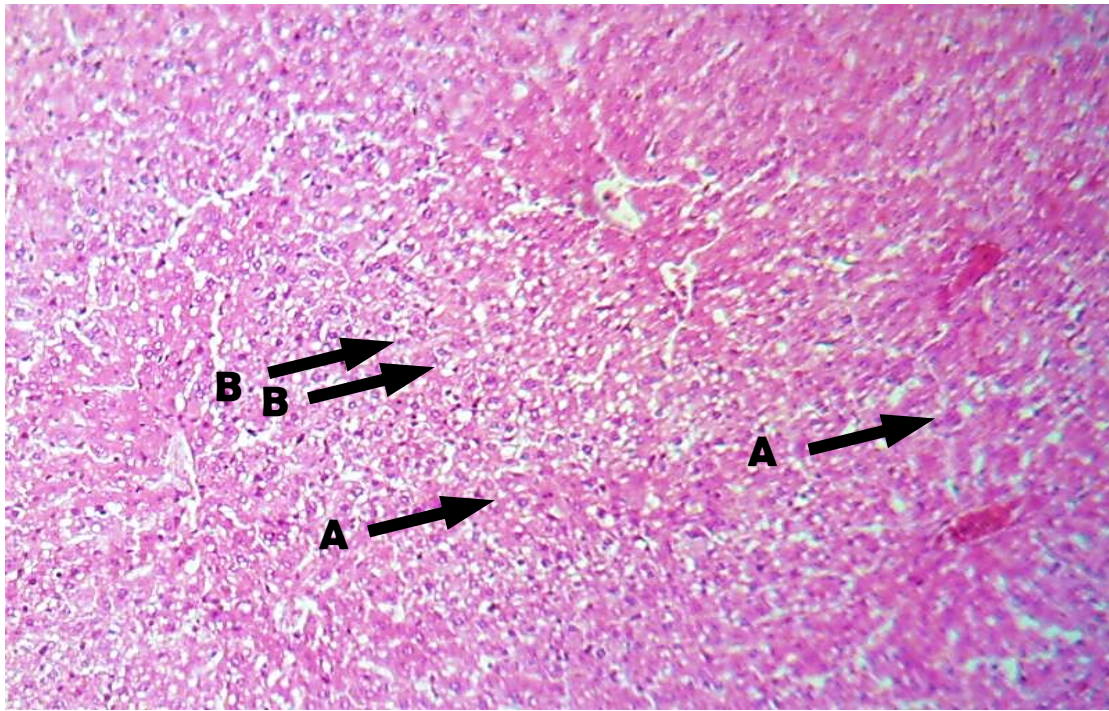


Figure (5). Liver of male rats treated with 1mg/kg CCl₄ and combination of 200 mg/kg CoQ10 + 25 mg/kg DHEA for 28 days (H&E Stain, 100X) observe normal central vein (A), and normal hepatocytes (B).

4. Discussion

It is clear from the results that CCl₄ intoxicated caused a significant increased in serum levels of liver function enzymes AST, ALT and ALP activities in male rats may be clearly due to increase serum levels of MDA in this study, where increased lipid peroxidation lead to depression in antioxidant and liver enzymes activity compared to control group. This pointed to detrimental results of CCl₄ on liver is evidenced by an increase of AST, ALT and ALP, which definite indicator of liver injury. Also, (12) have reported damaged liver after streptozotocin treated, showed a decrease in activity of serum AST, ALT and ALP. The CCl₄ hepatotoxicity is may be affected in two ways, firstly by incidence of inflammatory condition, secondly by direct toxic action of CCl₄ on liver cell. The utilize of CoQ10 significantly decreased levels of these enzymes compared to control and CCl₄ intoxicated

groups. Similar results was reported by (13), who established the role of CoQ10 in hepatotoxicity induced by sodium arsenite in male rats, also shows that hepatic enzymes are mainly responsive biomarkers directly concerned in existing of cellular damage and toxicity due to they are located in the cytoplasm and are released into circulation after cellular damage. It has been known that the increase in AST, ALT and ALP are a good indicators for impaired liver function. However, the hepatotoxicity induced by CCl₄ is may be affected in two ways, firstly by occurrence of inflammatory condition, secondly by direct toxic action of CCl₄ on liver cell through trichloromethyl- peroxy free radicals lead to induce lipid peroxidation and destruction of Ca²⁺ homeostasis, finally results in cell death (14). Other authors have shown that CoQ10 has the capability to elevate level of AST, ALT and ALP after intoxication, this may be attributed to CoQ10 which stabilize hepatocytes plasma membrane and prevent delivery AST, ALT and

ALP to extracellular fluid (15). In contrast, Co-administration of CoQ10 with CCl₄ re-establish the AST, ALT and ALP activity in male rats as a sign of protecting effect of CoQ10 against liver injury induced by CCl₄ intoxication. (16) reported that CoQ10 characterized liver as a target organ through distribution of CoQ10 into different rats tissues. This effect may be related to powerful CoQ10 effectiveness in suppressing increased lipid peroxidation and destruction of the hepatocyte membrane in regenerating liver cell. Furthermore, CoQ10 show signs of defense against hepatotoxicity by lower levels of TBARS and alanine release leading to decrease in hepatic enzymes activities (17). This is agreed with (18) who mentioned that CoQ10 has prophylactic effect against aflatoxin-B₁ induced hepatotoxicity. Prophylactic effects of CoQ10 on metabolic stress by inhibition of apoptosis in hepatocytes (19). However, (20), (21), and (22) mentioned that CoQ10 protects against metabolic stress induced hepatotoxicity induced by acute acetaminophen, mainly probably through its antioxidant, anti-inflammatory, anti-apoptosis effects. Moreover, CoQ10 shows anti-inflammatory and antigenotoxic effect on 1,2-dimethyl hydrazine (DMH) induced leukocytic DNA damage in blood cells by direct inhibition and modulating gene expression of cytochrome oxidase-2 activity (COX-2) and inducible nitric oxide synthase (iNOS) in colonic mucosa of male rats (23). In contrast, present results at similar table shows that supplementation of DHEA with CCl₄ reduced serum levels of hepatic enzymes ALT, AST and ALP activities compared to control and CCl₄ intoxicated groups. This pointed to a potential protective effect of DHEA against liver injury in adults male rats. While it is stated previously the supplementation with DHEA protects against hepatotoxicity in rats, may be through its antioxidant, anti-inflammatory, and anti-apoptosis effects (24). Similar results were given

by (25). According to (26), antioxidant role of DHEA may be associated with its active metabolites (DHEA-S), exposing cell membranes more resistant to be attacked by ROS. Moreover, liver tissue characterized target organ for DHEA on considers circulation of DHEA into various rat tissues as reported previously by (27) after demonstrated of copper induced oxidative lipid peroxidation. This results may be associated with efficiency of DHEA in suppressing the elevated lipid peroxidation and damage of cell membrane in restored liver cell of rats. The administration of CoQ10 by itself did not lead to a significant decrease in liver damage induced by CCl₄ intoxication. It seems from above table that the ameliorating effect of DHEA or may be attributed to their antioxidant properties that would reduce lipid peroxidation through protecting cellular GSH content.

It is also clear from the results that CCl₄ caused a significant decrease in the antioxidant enzymes GPx, SOD, and CAT activity in male rats compared to control group. These results showed that CCl₄ causes clear changes of enzymatic GPx, SOD, and CAT constituent of antioxidant due to increase lipid peroxidation which led to depression in antioxidant enzymes activity. These results are agreed with (28) stated that SOD and CAT antioxidants enzymes act as protection agents from oxidative damage by scavenging of ROS. (29) who showed that the effect of CCl₄ on cellular antioxidant defense system is the second mechanism for CCl₄ induced oxidative stress by changes in antioxidant activities by inhibiting function SH groups in the SOD, CAT and GPx enzymes which normally protect against free radical toxicity. However, SOD is a first line of defense against the oxygen free radicals, catalyzes superoxide anion radical (O₂^{-•}) into less toxic H₂O₂ and O₂, whereas CAT reduces H₂O₂ to non-toxic H₂O and O₂. The CCl₄ causes widespread

oxidation leading to depletion of GSH and decreased GSH and GPx activity are led to elevate oxidative damage to DNA, lipids and proteins. Generally, the decline of endogenous antioxidant by exposure to CCl₄ could be due to the fact that CCl₄ has a very high affinity for glutathione therefore, exposure to CCl₄ decreases GSH level due to either increased use of GSH by cell to act as scavenger of free radicals caused by toxic chemical agent or enhanced utilization of GSH by GPX under oxidative stress and results in increase lipid peroxidation. Also, exposure to CCl₄ decreases generation of nitric oxide (NO), and inhibition of NO synthesis leads to clear decreased in GSH synthesis through down regulation of rate limiting enzyme (30). On the other hand, CoQ10 supplementation significantly increase endogenous antioxidant enzymes GPX, SOD and CAT which may be due to its direct free radical scavenging activity and decrease in lipid peroxidation as compared to CCl₄ intoxicated groups. These results was in agreed with results obtained by (31), who stated that pretreatment with CoQ10 is related with preserving against isoproterenol induced cardiac hypertrophy in rats heart through decrease myocardial injury by protecting endogenous antioxidant and decrease lipid peroxidation. Whereas, (32) concluded that CoQ10 is a powerful antioxidant either directly or indirectly against CCl₄ toxicity through suppresses of oxidative stress and scavenges oxygen radicals and inhibit lipid peroxidation and thus, increasing glutathione, GPX, SOD and CAT activities. The current study results agreed with results obtained by many researchers such as: (33) in their study on CoQ10 in adult male with fructose induced metabolic syndrome, (34) in adult male albino rats fed on high cholesterol diet in cerebellar cortex. Ameliorating effect of CoQ10 on antioxidant enzyme in the present study may be attributed mainly to antioxidant action, which are

known to supplemented GSH and antioxidant enzyme levels and scavenge lipid peroxides.

The results of CCl₄ caused a significant increased in serum malondialdehyde (MDA) levels. The study results came in agreement with results of other articles done by others such as: (35), (36), and (37) who studied intraperitoneally administration of CCl₄ and toxicity effects on lipid peroxidation of male rats. The CCl₄ metabolism in liver results in generation of reactive metabolites like trichloromethyl (CCl₃·) and trichloromethyl peroxy (CCl₃OO·) radicals which initiate membrane peroxidation of unsaturated fatty acids and causes fatty liver, fibrosis and cell necrosis. (38) reported that the increased in oxidative stress and lipid peroxidation may be attributed to the depletion and reduction in hepatic GSH content which has an essential and protective role against oxidative stress. Therefore, CCl₄ begins production of free radicals and induce lipid peroxidation in subcellular membrane structures and accumulation of ROS to inhibit the electron transfer respiratory chain in the mitochondria (39). However, (40) concluded that CCl₄ induced oxidative stress may possibly be attributed to CCl₄ induce inflammation in tissue with production of inflammatory mediators which in turn stimulates generation of free radicals in tissue. It arises when hydroxyl radicals like oxygen react with membranes unsaturated lipids of resulting in lipid peroxide radicals (ROO·), lipid hydroperoxide (ROOH) generation and disintegration generate such as malondialdehyde (41). Thus, increased levels of MDA in our study is a good indicator for oxidative stress and lipid peroxidation which is caused by CCl₄ intoxication. Co-administration of CoQ10 with CCl₄ resulted in a significant reduction in the malondialdehyde level. These results indicate that CoQ10 has a powerful antioxidant activity as obviously by

malondialdehyde reduction. The protective role of CoQ10 against CCl₄ induced oxidative stress may be attributed to its potent free radical scavenger activity and inhibit lipid peroxidation, or may be attributed to regulation of oxidative phosphorylation and prevention of lipid peroxidation. Also, its ability to normalize endothelial function by combination both oxidative phosphorylation in mitochondria and endothelial nitric oxide synthesis activity (42). Furthermore, (43) and (44) demonstrate that CoQ10 decreased production of ROS which changes redox balance in cells toward oxidative stress under inflammatory condition due to its anti-inflammatory and immuno-modulatory action through suppression release and generation of pro-inflammatory cytokine from the cell and increase of anti-inflammatory cytokine mediators such as TNF- α and IL-10. Alternatively, the results also showed that DHEA supplementation reduced the oxidative stress and lipid peroxidation induced by CCl₄ toxicity. This was detected by a potent antioxidant actions by decrease MDA level. (45) demonstrate that reduced in the MDA concentration may be related to the antioxidant activity of DHEA to inhibit definite enzymes occupied in free radicals formation. Moreover, ameliorating effect of DHEA against oxidative stress may be attributed to antioxidant properties that would reduce lipid peroxidation through protecting cellular GSH content (46). The antioxidant role of DHEA may be associated with its active metabolites (DHEA-S), exposing cell membranes more resistant to be attacked by ROS. However, DHEA inhibit NADPH level, which is a substrate essential for NADPH oxidase reaction to generate O^{•-} from O[•] by inhibiting glucose-6-phosphate dehydrogenase (G-6-PDH). (47) demonstrate that DHEA exerted antioxidant and anti-inflammatory role by reducing tissue susceptibility to the oxidation of both lipid and protein and improving of endothelial function

which changes redox balance in cells toward oxidative stress under inflammatory condition due to it is have anti-inflammatory and immune modulation properties throughout suppression release and generation of pro-inflammatory cytokine from cell and increase of anti-inflammatory cytokine mediators such as TNF- α and IL-6 and IL-10.

It is clear from the obtained results that CCl₄ toxicity caused various degree of liver injury in treated male rats such as dilation and congestion of central vein, clear fatty degeneration of hepatocytes, and infiltration of inflammatory cells after 28 days of exposure compared to control group. These results were in accordance with those obtained by many researchers such as: (48); (49); (50); (51); (52), (53), (54), who studied intraperitoneally administration of CCl₄ induced liver damage and hepatotoxicity. The metabolism of CCl₄ in the liver results in generation of reactive metabolites like trichloromethyl (CCl₃•) and trichloromethyl peroxy (CCl₃OO•) radicals which initiate membrane peroxidation of unsaturated fatty acids and causes fatty liver, fibrosis and cell necrosis (55). Conversely, supplementation of CoQ10, DHEA and combination of CoQ10 and DHEA caused reduced changes and clearly restructure reliability with normal architecture of liver which may be attributed to anti-oxidant, anti-inflammatory, and anti-apoptotic activities compared to CCl₄ intoxicated groups. The pretreatment with CoQ10 and DHEA improved of degeneration effect with inhibited inflammatory infiltration and nearly restored them to normal architecture, possibly due to prevented CCl₄ conversion into its reactive metabolites like trichloromethyl (CCl₃•) and trichloromethyl peroxy (CCl₃OO•) radicals, reduced oxidative stress with scavenging its free radical, and protected hepatic antioxidant enzymes activities (56).

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