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## Effect of calcium ionophore A23187 on the sperm in intracytoplasmic sperm injection

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### Abstract

The present study evaluated the effect of calcium ionophore A23187 on sperm in intracytoplasmic sperm injection (ICSI) cycles using sperm from different sources. The 80 cycles evaluated were divided into four subgroups according to sperm quality and origin (normospermia-oligoasthenoteratospermia-epidermal-testicular), subgroups were further split into experimental groups, depending on whether the sperm treated or not treated with calcium ionophore. For each experimental subgroup, ICSI outcomes were compared between groups. In conclusion we found that using calcium ionophore increase the fertilization rate in case of sperm treatment with calcium ionophore before ICSI for oligoasthenoteratospermia (OAT) & testicular subgroups, with enhancing embryos quality in testicular subgroup only .

**Keywords:** Calcium ionophore A23187, fertilization rate, embryos quality, ICSI

### 1 Introduction

Intracytoplasmic sperm injection (ICSI) is a method of micromanipulation used to deposit a sperm directly into oocyte cytoplasm. When all other forms of assisted fertilization are unsuccessful, ICSI is the method of choice to overcome male infertility. ICSI has enabled fertilization of oocytes from patients whose partners have extremely low numbers of viable sperm and a very low probability of

achieving fertilization after conventional spermocyte incubation in vitro. ICSI is possible with sperm obtained from ejaculate, percutaneous epididymal sperm extraction, or testicular sperm extraction (Codreanu *et al.*, 2013).

For all ages and with all different sperm types, the fertilization rate after ICSI is reported to be approximately 70-80%. Although the fertilization rates after ICSI are relatively high, some injected oocytes fail to become fertilized despite the presence of a sperm in the cytoplasm and the absence of immaturity or degenerative alterations (Codreanu *et al.*, 2013).

The terminology “failed fertilization” typically refers to failure of all the available mature MII oocytes to be fertilized. The principal cause of failed fertilization has been attributed to an oocyte activation disruption whether related to female or male gamete dysfunction (Neri *et al.*, 2014). The Incidence of total fertilization failure (TFF) after ICSI is 1-5 % (Koyono *et al.*, 2012).

Fertilization failure after ICSI may occur because of the following reasons. First, the injected oocyte may fail to initiate the biochemical processes necessary for oocyte activation (Codreanu *et al.*, 2013). Second, the biochemical processes are initiated, but they may not occur normally, thus leading to incomplete activation. Third, the sperm may remain poorly accessible to oocyte factors required for chromatin decondensation and formation of the male pronucleus (Mansour *et al.*, 2009). Both sperm and oocyte factors are believed to be involved in failed oocyte activation after ICSI (Eftekhar *et al.*, 2012).

Oocyte activation results in the release of the oocyte from its metaphase II (MII) arrested state and leads to further embryo development (Vanden Meerschaut *et al.*, 2013).

Failure of sperm decondensation has been related to sperm quality, high sperm DNA fragmentation and inadequate calcium activation (Nasr-Esfahani *et al.*, 2010). In 1951 Chang, while studying rabbits, and Austin, while working on rats, each independently reported that mammalian sperm must reside in the female reproductive tract for a finite period of time before they gain the ability to fertilize ova. One year later, Austin introduced the term "capacitation" when he stated that "the sperm must undergo some form of physiologic change or capacitation before it is capable of penetrating the egg. A Capacitation is now commonly regarded as the reversible, prefertilization activation process of sperm (Brannigan and Lipshultz, 2008).

Sperm capacitation is a multistep process that involves modifications to plasma membrane lipid composition, increase of permeability to ions, acquisition of hyperactivated motility and an increase in the phosphotyrosine content of specific sperm proteins (Zhang *et al.*, 2010). Fraser, 1998 reported that capacitation is a comparatively slow event that requires several hours to complete and is mainly regulated by a modest rise in  $[Ca^{2+}]_i$ , whereas the acrosome reaction is an exocytosis process that occurs very rapidly (within a minute) and is triggered by a large influx of  $[Ca^{2+}]_i$  (Michaut, 2000).

The primary source of  $Ca^{2+}$  for spermatozoa is the external environment: the fallopian tube in the female reproductive tract (*in vivo*) and culture media (*in vitro*) (Foresta and Rossato, 1997), and simultaneously increasing  $[Ca^{2+}]_i$  regulates the release of  $Ca^{2+}$  into the cell. Therefore, how  $Ca^{2+}$  crosses into cells through the sperm plasma membrane is a matter of paramount importance (Pietrobon *et al.*, 1990). Measuring cytoplasmic  $Ca^{2+}$  levels by using the fluorescent  $Ca^{2+}$  indicator indo-1 proved that spermatozoa hyperactivation is potentially regulated by  $Ca^{2+}$  influx (Rahman *et al.*, 2014).

Incubation of spermatozoa with an extracellular  $Ca^{2+}$  source induces hyperactivation in mammalian spermatozoa (Marquez and Suarez, 2008).

To improve ICSI efficacy, appropriate sperm and oocyte activation prior to or after ICSI is necessary to achieve normal fertilization/early embryo development. (Tasripoo *et al.*, 2012).

A23187 is a divalent cation ionophore obtained from a strain of *Streptomyces chartreusis* (Chaney *et al.*, 1974).

Ionophores are lipid-soluble molecules that complex cations and transport them across a variety of membranes (Reed, 1972). Since Calcium Ionophore A23187 is highly selective for  $Ca^{2+}$  it is commonly used to increase intracellular  $Ca^{2+}$  levels in intact cells (Wang *et al.*, 1994).

In this study, we evaluated the effect of calcium ionophore A23187 on sperms in increasing the fertilization rate in ICSI, with the assessment of the embryos quality.

## 2 Materials and Methods

### Experimental design

- This study involved 80 ICSI patients, underwent the ICSI program at the International Islamic Center for Population Studies and Research, Al-Azhar University, Cairo, Egypt, between January to September 2014.
- The age of women included in this study is under 38 years at the start of the treatment. Extensive counseling was given beforehand to the couples and the Internal Ethical Committee approved the study.

For the 80 ICSI cycle were divided into four experimental subgroups according to sperm origin and type, 20 ICSI cycles for each subgroup:

1. Normospermia subgroup (ejaculated).
2. Oligoasthenoteratospermia (OAT) subgroup (ejaculated).
3. Epididymal subgroup (PESA).
4. Testicular subgroup (TESE).

For each experimental subgroup, calcium ionophore A23187 treated group were compared to control group (non-treated with calcium ionophore A23187).

### Ovarian Stimulation

Women received ovarian stimulating drugs according to the ART protocols. Follicular development was monitored by ultra sound scanning and serum estradiol and progesterone levels. Patients received 10,000 IU of Human Chronic Gonadotrophin (HCG) when most of the follicles measured more than 18–20 mm in diameter.

### Sperm Preparation

Sperm obtained from ejaculate, percutaneous epididymal sperm extraction, or testicular sperm extraction.

The normospermia patient who follow the WHO 2010 parameters. Oligoasthenoteratospermia patients who have semen parameters lower than the WHO semen count, motility and morphology parameters.

Sperm preparation done by a discontinuous density gradient centrifugation method using Isolate sperm separation media (Irvine Scientific, Santa Ana, CA, USA) (Makkar *et al.*, 2001). The bottom fraction was aspirated and washed twice with Sydney IVF Gamete Buffer (Cook Sydney IVF Limited, National Technology Park, Ireland, UK) at 1200 r.p.m. for 8 min. The resulting sperm pellet after washing overlaid with the same medium to give a final volume of 0.3–0.5 ml.

Epididymal spermatozoa obtained by PESA, is performed under local anaesthesia using a 27-gauge needle that inserted into the epididymis. Gentle, negative pressure is applied as the epididymal fluid was aspirated.

Testicular spermatozoa were obtained via TESE, after administration of cord block anaesthesia. Samples extracted from the testis were dissected with small scissors and checked for the presence of spermatozoon.

PESA and TESE Samples were collected in a Falcon tube and washed by centrifugation at (1800 r.p.m for 10

min) with minimum culture medium. The pellet is suspended in 0.3–0.5 ml Sydney IVF Gamete Buffer (Cook Sydney IVF Limited, National Technology Park, Ireland, UK).

#### **Calcium ionophore A23187 preparation:**

Calcium ionophore A23187 (Calcium ionophore A23187(C7522) Sigma Free Acid; Sigma Chemical Co., St Louis, MO, USA) was dissolved in 1 ml of cell culture-tested dimethylsulphoxide (DMSO (D2650); Sigma–Aldrich Chemie, Belgium), to get the concentration of one mmol/l of Calcium ionophore A23187 stock solution.

The final solution containing 5 µmol/l ionophore was prepared by adding 5 µml from calcium ionophore stock solution to 995 µml of Cook Cleavage medium (Cook Sydney IVF Limited, National Technology Park, Ireland, UK) just before ICSI.

#### **Sperm treatment by calcium ionophore A23187.**

Sperms from different sources and quality (normospermia- oligoathenoteratospermia – epidermal – testicular) were preparation and afterwards the prepared samples were aliquoted into two parts. The first is the control. For the second aliquot, we adjust the volume to be 0.495 µl. For sperm activation we add 5 µml stock solution of A23187 (Sigma- Chemical Co., St Louis, MO, USA) in dimethyl sulphoxide (DMSO; Sigma) to make a final concentration of 10 µmol/l A23187. Sperm is incubated with the calcium ionophore for 1 hour before ICSI.

#### **Oocyte Aspiration**

Under general anaesthesia, gynaecologist aspirates the oocytes by using a specialized, ultrasound-guided needle (Labotect aspiration catheter, Germany) at 36 h after HCG injection. Warmed HEPES buffered medium (Irvine Scientific, Irvine, CA, USA) was used for handling and washing of oocytes. Oocyte-cumulus were identified by the embryologist, then washed and incubated in Sydney IVF Fertilization Medium (Cook Sydney IVF Limited, National Technology Park, Ireland, UK), at 37°C and 6% CO<sub>2</sub> for approximately 1 hour.

#### **Oocytes Denudation**

Oocytes were placed in a 100 µl drop of buffer containing 80 IU hyaluronidase/ml (Irvine Scientific, Irvine, CA, USA) for 30seconds, and then the oocyte was removed and placed in 100 µl drop of Sydney IVF Gamete Buffer (Cook Sydney IVF Limited, National Technology Park, Ireland, UK). The corona cells were removed by gentle aspiration of the oocyte in and out by a sterile flame polished Pasteur pipette. When stripping was completed, the oocytes washed in Sydney IVF Gamete Buffer (Cook Sydney IVF Limited, National Technology Park, Ireland, UK). All manipulations are carried on a heated microscope stage.

#### **Oocytes Injection Procedure**

The ICSI procedure is carried out in a plastic microinjection dish, tissue-culture-grade (353004, Petri Dishes (BD Falcon)), containing micro droplets Sydney IVF Gamete Buffer medium (COOK, COOK IRELAND LTD, AUSTRALIA), covered with 4 ml of sterile equilibrated mineral oil (Irvine Scientific, Irvine, CA, USA). A fraction (1µ) of the sperm suspension is added to

the periphery of the central PVP 10%; polyvinylpyrrolidone (Irvine Scientific, Irvine, CA, USA) droplet, separate medium droplets are used in cases of epididymal or testicular sperm and the best selected sperm is picked up and placed into the droplet of PVP. Sperm injection was carried out 38 h after recombinant HCG trigger on the heated stage (37°C) of an inverted microscope (Olympus 1x71) equipped with Hoffman modulation contrast optics, x4, x10 and x20 objective lenses and 10x eye pieces, with heated stage to maintain the temperature at 37 °C ,and automatic manipulators (Narashige, Japan). Both holding and injection pipettes were obtained commercially (Humagen Fertility Diagnostics, USA). The sperm cells scanned for the sperm selection. Immobilization of the sperm is done by hitting its tail with the injection micropipette, and then aspirated tail first into the pipette. The oocyte to be injected is attached to holding pipette at 9 o'clock using gentle suction, and then rotated such that the first polar body was located at either the 6 o'clock or 12 o'clock position.

The oocytes of each ICSI cycle will be divided into 2 parts, the first part injected with the control specimen. The second part injected with the sperm specimen which treated by calcium ionophore A23187.

After ICSI, oocytes are rinsed and separated, the oocytes transferred into a 20 µl droplets Sydney IVF cleavage medium (Cook Sydney IVF Limited, National Technology Park, Ireland, UK), for culture medium and incubated under mineral oil at 37°C and 6% CO<sub>2</sub> in order to follow their further development

After 18 hours from injection, the oocytes are evaluated for fertilization, and evaluated for the second time at the day of embryo transfer.

#### **Day 1 Scoring (Assessment of Fertilization)**

At about 18–20 h after ICSI, oocytes were examined for the presence of pronuclei and polar bodies by using an X20 objective lens on inverted microscope with Hoffman modulation contrast optics. Fertilization was considered normal when two clearly distinct pronuclei were present.

#### **Assessing Cleavage-Stage Embryos (Days 2 and 3)**

Embryo quality was evaluated on inverted microscope with Hoffman modulation contrast optics with X20 objective lens, and the following parameters were be in consideration : (i) the number of blastomeres; (ii) the fragmentation percentage; (iii) variation in blastomere symmetry; (iv) the presence of multinucleation; and (v) defects in the zona pellucida and cytoplasm.

Day 3 embryos classified as described previously from grade 1 to 6, grade 1 and 2 represents the embryos with good quality.

#### **Statistical analysis**

The data from all of the experiments described above were tested for statistical significance either by analysis of variance, ANOVA or Duncan's multiple range tests to determine difference in means using Statistical Analyses Systems. Results were considered to be significant at the 5% critical level (P < 0.05). (SAS, 2000).

### 3 Results

80 ICSI cycles involved in this study, 20 ICSI cycle in each subgroup. Total of 583 oocytes injected in this group, 415 oocytes were fertilized, with fertilization rate is 71.1%. (table 1, Figs.1&2)).

#### For the first subgroup normospermia:

- Total of 153 oocytes were injected, from them 142 oocytes were fertilized with fertilization rate of 92.8%.
- 76 oocytes were injected with sperms treated with calcium ionophore A23187; from them 71 oocytes were fertilized with fertilization rate of 93.4%.
- 77 oocytes were injected with non-treated sperms (control group); from them 71 oocytes were fertilized with fertilization rate of 92.2%.
- So the fertilization rate of oocytes injected with sperms treated with calcium ionophore A23187 is approximately as the fertilization rate of oocytes injected with non-treated sperms (control group), as P value is 0.7806 ( $P < 0.05$ ); which is non-significant value .
- Embryos with good quality obtained from oocytes fertilized with sperm treated with calcium ionophore A23187 were 52 from 71 embryos with percentage of 73.2%.
- Embryos with good quality obtained from oocytes fertilized with nontreated sperm (control group) were 49 from 71 embryos with percentage of 69%.
- So the percentage of embryos with good quality from the treated group and non-treated group (control group) is almost the same, as the P value is 0.2654 ( $P < 0.05$ ), non-significant value.

#### For the second subgroup oligoathenoteratospermia (OAT):

- Total of 139 oocytes were injected, from them 88 oocytes were fertilized, with fertilization rate of 63.3%.
- 58 oocytes were injected with sperms treated with calcium ionophore A23187; from them 42 oocytes were fertilized with fertilization rate of 72.4%.
- 81 oocytes were injected with non-treated sperms (control group); from them 46 oocytes were fertilized with fertilization rate of 56.8%.
- So the fertilization rate of oocytes injected with sperms treated with calcium ionophore A23187 is more than the fertilization rate of oocytes injected with non-treated sperms (control group), as the  $P < 0.0001$ ; as it is highly-significant value .
- Embryos with good quality obtained from oocytes fertilized with sperm treated with calcium ionophore A23187 were 19 from 42 embryos with percentage of 45.2%.

- Embryos with good quality obtained from oocytes fertilized with nontreated sperms (control group) were 22 from 46 embryos with percentage of 47.8%.

- So the percentage of embryos with good quality from the treated group and non-treated group (control group) is almost the same, as the P value is 0.3939 ( $P < 0.05$ ), non-significant value.

#### For the third epididymal subgroup (PESA):

- Total of 142 oocytes were injected, from them 101 oocytes were fertilized, with fertilization rate of 71.1%.
- 58 oocytes were injected with sperms treated with calcium ionophore A23187; from them 42 oocytes were fertilized with fertilization rate of 75.4%.
- 53 oocytes were injected with non-treated sperms (control group); from them 40 oocytes were fertilized with fertilization rate of 68.5%.
- So the fertilization rate of oocyte injected with sperms treated with calcium ionophore A23187 is approximately as the fertilization rate of oocytes injected with non-treated sperms (control group), as the P value is 0.0689 ( $P < 0.05$ ); as it is non-significant value .
- Embryos with good quality obtained from oocytes fertilized with sperms treated with calcium ionophore A23187 were 18 from 42 embryos with percentage of 42%.
- Embryos with good quality obtained from oocytes fertilized with nontreated sperms (control group) were 27 from 61 embryos with percentage of 44.2%.
- So the percentage of embryos with good quality from the treated group and non-treated group (control group) are almost the same, as the P value is 0.4537 ( $P < 0.05$ ), non-significant value.

#### For the fourth the testicular subgroup (TESE):

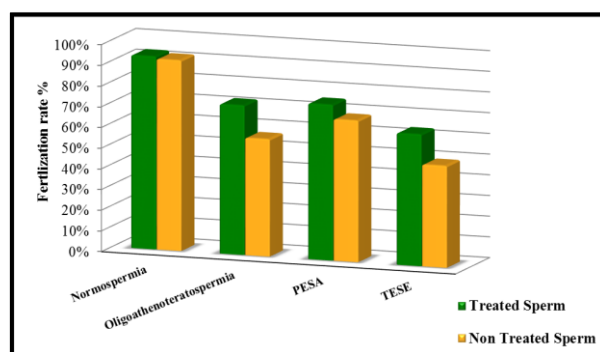
- Total of 149 oocytes were injected, from them 84 oocytes were fertilized, with fertilization rate of 56.3%.
- 72 oocytes were injected with sperm treated with calcium ionophore A23187; from them 46 oocytes were fertilized with fertilization rate of 63.8%.
- 77 oocytes were injected with non-treated sperm (control group); from them 38 oocytes were fertilized with fertilization rate of 49.3%.
- So the fertilization rate of oocytes injected with sperm treated with calcium ionophore A23187 is more than the fertilization rate of oocytes injected with non-treated sperm (control group), as the  $P < 0.0001$ ; and it is highly-significant value .
- Embryos with good quality obtained from oocytes fertilized with sperm treated with calcium ionophore

- A23187 were 22 from 46 embryos with percentage of 47.8%.
- Embryos with good quality obtained from oocytes fertilized with nontreated sperm (control group) were 15 from 38 embryos with percentage of

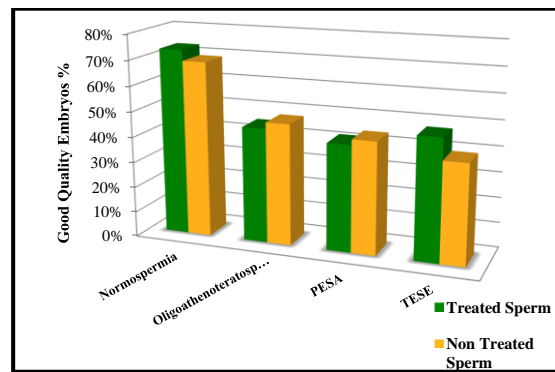
39.4%. Therefore, the percentage of embryos with good quality from the treated group is more than percentage of embryos with good quality from nontreated group (control group), as the P value is 0.0044 (P<0.01), highly significant value.

**Table(1) :** The fertilization rate and percentage of embryos with good quality in the four subgroups normospermia subgroup , oligoathenoteratospermia (OAT) subgroup, epididymal subgroup (PESA), and the testicular subgroup (TESE), of the first group as oocytes injected with sperm treated with calcium ionophore A23187 (First Group).

Sperm Sources (Total Fertilized Oocyte No. /Total Oocyte No.)%			Oocyte Injected with treated Sperm by Calcium Ionophore A23187				Oocyte Injected with Non- Treated Sperm by Calcium Ionophore A23187			
			Total Fertilized Oocyte No. / Total Oocyte No.	No. of Good Embryos Quality	Total Fertilized Oocyte No. / Total Oocyte No.	No. of Good Embryos Quality				
Normospermia	142/153	92.8%	71/76	93.4%	52/71	73.2%	71/77	92.2%	49/71	69.0%
Oligoathenoteratospermia	88/139	63.3%	42/58	72.4%	19/42	45.2%	46/81	56.8%	22/46	47.8%
PESA	101/142	71.1%	40/53	75.4%	18/42	42.0%	61/89	68.5%	27/61	44.2%
TESE	84/149	56.3%	46/72	63.8%	22/46	47.8%	38/77	49.3%	15/38	39.4%



**Figure (1):** The fertilization rate of oocytes injected with sperms treated with calcium ionophore A23187 and the oocyte injected with non-treated sperm (control group), in the four subgroups (First Group).



**Figure (2):** The percentage of embryos with good quality obtained from oocytes injected with sperms treated with calcium ionophore A23187 and the oocytes injected with non-treated sperms (control group), in the four subgroups (First Group).

#### 4 Discussion

In this study, we tried to assess the effect of calcium ionophore A23187 on the sperm in enhancing the fertilization rate and embryos quality in ICSI cycles using sperm from different sources. The 80 cycles evaluated were divided into four subgroups according to sperm quality and origin normospermia, oligoathenoteratosp., epididymal and testicular.

For the first subgroup normospermia, the calcium ionophore A23187 did not enhance the fertilization rate in the normospermia patients; it also did not improve embryos quality. For the second subgroup oligoathenoteratosp. (OAT), the calcium ionophore enhanced the fertilization rate in the oligoathenoteratosp. patients, but did not improve the embryos quality. For the third epididymal subgroup (PESA), the calcium ionophore A23187 did not enhance the fertilization rate in the epididymal subgroup (PESA); also did not improve quality of the embryos. For the fourth the testicular subgroup (TESE), the calcium ionophore enhanced the fertilization rate in the testicular subgroup (TESE) patients, it also enhanced the embryos quality.

In summary, we found that in ICSI cases when the sperm treated with 10 $\mu$ l calcium ionophore A23187 for 1 hour before ICSI, the fertilization rate of the oocytes in the four subgroup is more than the fertilization rate of the control subgroup but it is significant only in oligoathenoteratosp. (OAT) & testicular subgroups. Also, the embryos quality, it is almost the same in all subgroups except in testicular subgroup the percentage of embryos with good morphology increased with significant value.

This study is somewhat in agreement with Liu and Baker (1998) study; they presented a study to determine the relationship between calcium ionophore A23187-induced acrosome reaction (AR) and sperm fertilizing ability in IVF patients. They found that calcium ionophore-induced AR is correlated with fertilization rates in vitro,

although not strongly. While significant in patients with teratozoospermia, ionophore induced AR was not related to fertilization rate in patients with normal sperm morphology.

In ICSI, the first  $Ca^{2+}$  rise in the oocyte starts 20–30 min after ICSI and originates from the oocyte cortex. This  $Ca^{2+}$  rise alone is insufficient to fully activate the oocyte. To sustain the oscillation function, sperm demembranization is necessary to facilitate the liberation of the cytosolic sperm factor responsible for the oscillator function (Heindryckx *et al.*, 2005).

It is apparent that for oocyte activation to occur, the sperm plasma membrane has to disintegrate to let the perinuclear material blend within the ooplasm. Only when this happens, the sperm-activating factor is released and is subsequently able to target phosphatidylinositol 4, 5-bisphosphate to cause an IP3 receptor mediated calcium release (Vanden Meerschaut *et al.*, 2013).

Numerous signaling cascades chiefly regulate the fundamental sperm maturational process, and calcium ( $Ca^{2+}$ ) plays a dynamic role in this process, as an intracellular second messenger. Several studies have hypothesized that elevation of sperm intracellular  $Ca^{2+}$  ( $[Ca^{2+}]_i$ )/ $Ca^{2+}$  influx regulates motility, hyperactivation, chemotaxis, capacitation, and the acrosome reaction and facilitates the spermatozoa reaching and fertilizing of an oocyte (Mannowetz *et al.*, 2013).

In vivo capacitation takes place in the female reproductive tract; however, it is also possible to capacitate spermatozoa in vitro by using particular media containing appropriate electrolytes and pH (Chang, 1951), as first demonstrated by Toyoda *et al.* (1971) in the mouse (Tateno *et al.*, 2013).

In vitro the AR can be induced in capacitated spermatozoa by incubation with solubilized zona pellucida proteins, progesterone or calcium ionophore A23187. The ensuing signal transduction cascade invokes a host of enzymatic activities and an elevation in the cytosolic calcium concentration, subsequently leading to the fusion of the plasma and outer acrosomal membranes, which culminates in acrosomal exocytosis (Zhang *et al.*, 2010).





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